

# Quick Community Resource Guide



## FOOD ASSISTANCE

The Arkansas Foodbank partners with more than 400 charitable agencies across Central & Southern Arkansas. Scan QR code and enter your zip code to find a food pantry in your area.



## LEGAL ASSISTANCE

The Center for Arkansas Legal Services provides free legal help to low-income Arkansans in civil cases. Their services include housing and rentals, debt and bankruptcy, end-of-life planning, public benefits, family law, consumer, disaster, criminal record sealing, and veterans. You can call 501-376-3423 or complete the app online.



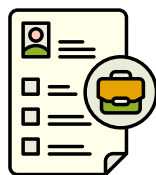
## HEALTH CARE SERVICES

Comprehensive resource directory for Charitable Dental and Medical Clinics in Arkansas.



## RE-ENTRY SERVICES

People who have been incarcerated face many barriers to successful re-entry to public life. Goodwill offers services to men, women, and youth who have served their time and are trying to get back on track. Scan QR for more info.



## EMPLOYMENT ASSISTANCE

At the Arkansas Workforce Centers, DWS offers various services, like job search and résumé assistance, career counseling, workforce readiness training, and referrals to hiring employers.



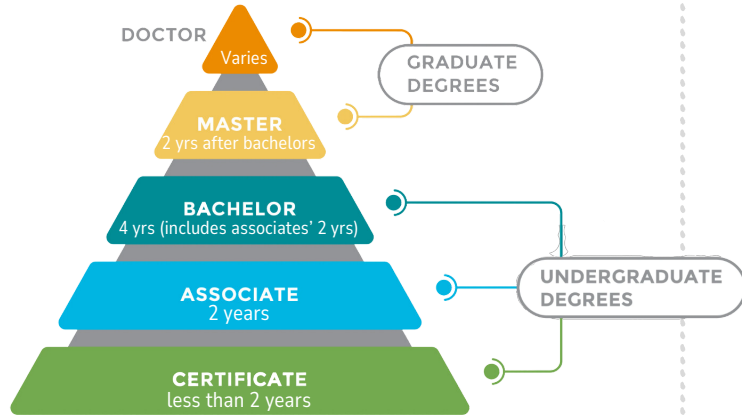
## OTHER ASSISTANCE AND SERVICES

If you need additional resources and assistance, download our **EOC at LR** mobile app which includes details about utility assistance, rehabilitation, addiction, aging, child care, clothing assistance, visual, dental, health, homeless shelters, transportation, veteran services, and much more. In the app, look under “Documents” in the TRIO Higher Education organization.



# Quick Higher Education Guide

## TYPES OF DEGREES & CERTIFICATIONS



\*completion estimates are based on full time enrollment

## TYPES OF FIN AID

**Federal Aid**  
(Pell Grant, Loans, Military Benefits)

**State Aid**  
(AR Lottery)

**College Aid**  
(Scholarships by the college)

**Private Aid**  
(Orgs, churches, businesses)



## DOCS NEEDED FOR COLLEGE ENROLLMENT

**Previous Schools' Transcripts**

**ACCUPLACER Test Scores**

**Shot Records (MMRs)**

SCORE  
  
 REQUIREMENT

## USEFUL WEBSITES

**ONETonline.org**  
Career exploration and job analysis

**MyNextMove.org**  
Aptitude test and career options

**ualr.edu/trio/scholarship-search/**  
Comprehensive list of scholarships

**nces.ed.gov/collegenavigator/**  
Filter tool to narrow down colleges

**Studentaid.gov**  
Financial literacy, FAFSA and loans

## COLLEGES IN THE CENTRAL, AR REGION



**Worldlink Truck Driving Academy**